

8 BENEFITS OF PIANO LESSONS



1. Increases Focus and Concentration

Learning to read music and play the piano engages all areas of the brain unlike any other activity. The brain learns to multi-task and problem solve which helps students maximize their brain development. They will be better students at school!

2. Teaches Perseverance

Piano lessons are like any long-term relationship with natural hills and valleys. Learning to persevere by making adjustments and working hard will have a lasting impact on a student's life. Those that persevere reap the rewards.

3. Teaches Discipline & Time Management

Since piano lessons are only once a week, students need to develop discipline and time management skills to ensure they are getting in their daily practice. This benefit will serve them well throughout their life.

4. Improves Overall Coordination

Piano students usually do better in sports! Playing the piano encourages independence of the hands and good eye-hand coordination. The brain lays down neural pathways to improve its ability to control both sides of the body. As the eyes take in new information, the brain is busy planning its next move.

5. Improves Memory Capacity

In preparing for recitals, students learn to memorize long sequences of music expanding their mental capacity for memorization.

6. Develop Self Confidence & Stage Presence

From the beginning in our group classes, students are encouraged to perform for their classmates. This teaches them the joy of sharing their music so that when recital time comes around they are more confident on stage. They learn how to manage nerves which will serve them in other areas of their lives.

7. Improves Emotional Intelligence

By exploring the expressive and creative side of music, students expand their emotional palette. They learn to connect with the world around them on a deeper level.

8. Stress Reliever

As students transition to adulthood, their piano becomes a place of refuge, a place where they can set aside the pressures and burdens of life and reconnect with their music at the heart level. Whether playing Beethoven, Chopin, movie scores or their own compositions, playing the piano is the ultimate stress reliever and the TRUE GIFT of piano lessons.